



Bridgeway
ACADEMY

Discover! Pre-K

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Program Overview

The Discover! Pre-K program is divided into weekly themes, helping your student to build upon prior knowledge and make real-world connections. A letter of the week is also introduced and reinforced in weekly activities. Your family will enjoy choosing from the five activity options presented each day, depending upon your interests and schedule.

The theme is introduced at the beginning of each week, along with a list of materials and books needed to complete the activities. Suggested Elephango lessons that will help your Pre-K student extend their learning in the weekly theme areas are also listed.

Each activity includes a student prompt and suggestions for instructor support. Since children grow and develop at different rates, modify the activities as needed to support your student, using the instructor prompts for suggestions. Key skills and concepts are reviewed throughout the program to reinforce learning.

Printable resources are available for some activities. These resources are linked within the corresponding activities and can be found at the end of this guide. You may wish to collect several completed projects to create a Pre-K portfolio, allowing your family to reflect on your student's growth and development this year.



Key Learning Areas

The Bridgeway Academy Discover! Pre-K program incorporates activities from seven key learning areas in accordance with research-based, early childhood standards. Each activity in this program is aligned with one of these key learning areas, indicated by the icons below.



Reading, Writing, Listening, and Speaking



Exploring Our World



Scientific Thinking and Technology



Mathematical Thinking and Problem Solving



Creative Thinking and Artistic Expression



Health, Wellness, and Physical Development



Social and Emotional Development

All About Me

First Letter in Name

Week 1

What is your favorite color? What is your favorite food? What do you like best about yourself? We are going to spend time learning about all the things that make you great!



Materials

- paper
- crayons
- handheld mirror
- glue stick
- various art materials, such as foam pieces, stickers, and sequins
- counting cubes or square tiles
- tape measure or ruler
- scale
- magazines
- sidewalk chalk
- ball
- blocks
- Wikki Stix

Books

- *Chrysanthemum* by Kevin Henkes
- *Whoever You Are* by Mem Fox and Leslie Staub
- *I Like Me!* by Nancy Carlson

Elephango Lessons

- 11611 Counting to Ten
- 10041 Writing First Names Correctly
- 10347 The Human Race and Me
- 10555 Five Senses - Taste
- 11522 The Muscular and Skeletal Human Body Systems

All About Me

First Letter in Name

Day 1



Look at your face in a mirror. Use crayons to draw what you see. Be sure to include all the parts you see.

Instructor Support: Encourage your student to count their eyes, ears, nose, mouth, and teeth. Compare and contrast what they draw with what they can see in the mirror.



Read the book *Chrysanthemum* by Kevin Henkes. Discuss what Chrysanthemum likes about herself. What do you like best about yourself?

Instructor Support: Share your own favorite attributes about yourself with your student. Assist your student in making a list of all the things they like about themselves.



Count how many adults and children live in your home. Graph your results using a bar graph.

Instructor Support: Help your student to create a simple [bar graph](#). Assist your student in counting with one-to-one correspondence by making sure they touch each object as they count the items on the graph.



Sing "Hokey Pokey" with a family member. Take turns deciding which body part to sing about next.

Instructor Support: When singing, use a variety of body parts. Ask your student to put two elbows "in" instead of focusing on left and right as you might in the traditional song. Understanding left and right could be challenging for many prekindergarten students.



What is your favorite body part? Take or draw a picture and tell a family member why this is your favorite part of you.

Instructor Support: Introduce lesser-known vocabulary, like elbow, neck, knee, shin, forehead, and ankle.

All About Me

First Letter in Name

Day 2



Cover the first letter of your name with all your favorite things. Use things you find around your house.

Instructor Support: Draw a large capital letter using the letter of your student's first name. While covering the letter, discuss materials that begin with the same letter as your student's name and those that start with different letters. Name those letters as your student engages in the activity.



Choose your favorite book and read it with a friend or family member. Share why you like this book the most.

Instructor Support: Act as if you are going to begin to read the book upside down. Encourage your student to orient the book correctly and turn the pages in the correct order. As you read, encourage your student to move their finger along with the words, moving from the top of the text to the bottom.



Stand up and take a good look at your foot. How many counting cubes or [square tiles](#) do you think it would take to measure your foot from your toe to your heel? Now put the cubes or tiles by your foot and check your guess.

Instructor Support: Assist your student in lining up the cubes or tiles. Talk about how non-standard tools can be used to measure an object. You can try the activity again with paperclips or items you find around the home.



What is your favorite food? Draw a picture of the food and explain why you like this food best.

Instructor Support: After discussing your student's favorite food, have them sort foods into two groups: foods that make us strong and healthy and foods that are good to eat only some of the time.



Make a list of your favorite things. Include items like your favorite food, favorite place to go, favorite color, and favorite toy.

Instructor Support: As your student describes their favorite things, encourage them to share why each item is their favorite. What makes your student like that item most? Include as many favorites on the list as possible.

All About Me

First Letter in Name

Day 3



What do plants, animals, and people all have in common? Cut pictures out of a magazine and glue them on a piece of paper in two groups: living things and nonliving things.

Instructor Support: As your student is sorting pictures, discuss why one picture belongs in the living group and the other picture belongs in the nonliving group.



What makes you feel happy? What makes you feel sad? Tell a family member about a time when you had those feelings.

Instructor Support: Encourage your student to look in a mirror and show you how their face looked when they were happy and when they were sad. Show your student what your face looks like when you feel that way too.



How tall are you? Use a measuring tape to see how tall you are in feet and inches.

Instructor Support: After measuring your student, measure another person in the house. Talk about the differences in height.



Decorate the [All About Me](#) page with a drawing of yourself and things you like.

Instructor Support: Use this All About Me page as the cover of your student's Pre-K portfolio. Collect projects completed throughout the year in the portfolio. Frequently review the portfolio with your student and reflect on the new skills learned.



While on a shopping trip, find examples of things that are wanted. Then find examples of things that are needed.

Instructor Support: When discussing the difference between wants and needs, it can be helpful to describe needs in terms of items that a family needs to stay healthy and safe, such as food, water, shelter, and clothing.

Discover! Kindergarten



Kindergarten Total Curriculum Kit

The interactive Discover! Kindergarten program is a complete hands-on kindergarten program that includes four core subjects: science, math, social studies, and reading. Discover! Kindergarten engages the student through investigation, hands-on learning, activities that integrate the arts, and a focus on literacy. Pacing and Instructor Guides are included for each subject. We do all the work so you can enjoy watching your child learn and explore!



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